



OCTOBER 2020

MSAD 75 Elementary Menu

All Breakfast & Lunches are free until December 31, 2020
Menu Subject to change without notice

This Institution is an Equal Opportunity Employer

Monday

Tuesday

Wednesday

Thursday

Friday

5
Round Pizza
Pepperoni Slices
Baby Carrots
Apple
Milk

6
Grilled Cheese Sandwich
Orange Smiles
Carrots/celery with Ranch dip
Milk

7
Round Pizza
Pepperoni Slices
Baby Carrots
Apple
Milk

8
Grilled Cheese Sandwich
Orange Smiles
Carrots/celery with Ranch dip
Milk

9
Professional Development Day

No School

12

Holiday

No School

13
French Toast sticks
Syrup
Tator Tots
Cinnamon Apple Sauce
Milk

14
Macaroni & Cheese
Steamed hot dogs
Broccoli
WG Dinner Roll
Milk

15
French Toast sticks
Syrup
Tator Tots
Cinnamon Apple Sauce
Milk

16
Macaroni & Cheese
Steamed hot dogs
Broccoli
WG Dinner Roll
Milk

19
Turkey Italian
Cheese, lettuce, tomato & pickles
Smartfood
Fruit Cup
Milk

20
Spaghetti & Meatballs
WG Breadstick
Side Salad
Fruit
Milk

21
Meal pick up
Details to follow

22
Turkey Italian
Cheese, lettuce, tomato & pickles
Smartfood
Fruit Cup
Milk

23
Spaghetti & Meatballs
WG Breadstick
Side Salad
Fruit
Milk

26
Layered Taco Cup
Beef, Beans, Cheese, Shredded Lettuce, Tomato, & Olives
WG Doritos
Grapes
Milk

27
Pancake Bites
Sausage
Hash Browns
Applesauce Cup
Milk
BooBerry Cake

28
Meal pick up
Details to follow

29
Layered Taco Cup
Beef, Beans, Cheese, Shredded Lettuce, Tomato, & Olives
WG Doritos
Grapes
Milk

30
Pancake Bites
Sausage
Hash Browns
Applesauce Cup
Milk
BooBerry Cake

Breakfast and Lunch is free for all students until December 31st, or funding runs out. Please let the foodservice director know if you have any questions regarding meal pickup or Delivery.

Please return your free & reduced lunch forms to the office at your child's school.

