

BREAKFAST

This institution is an Equal Opportunity Employer

OCTOBER 2020

MSAD 75 Elementary Schools

Breakfast and Lunch free to all students until December 31. Menu subject to change without notice.

Monday

Tuesday

Wednesday

Thursday

Friday

5
Cereal
Banana
Milk

6
Cinnamon Bun
Kiwi
Milk

7
Wednesday Delivery
Mini Pancakes, Juice, Milk
Breakfast Break
Breakfast Bread, Apple

8
Cereal
Banana
Milk

9
Cinnamon Bun
Kiwi
Milk

12
Bagel, Cream Cheese
Dried Fruit

13
Cereal Bar
Fruit

14
Wednesday Delivery
Mini Pancakes, Juice, Milk
Breakfast Break
Breakfast Bread, Apple

15
Bagel, Cream Cheese
Dried Fruit

16
Cereal Bar
Fruit

19
Gogurt & Granola Bar
Cheese stick
Juice

20
WG Donuts
Apple

21
Wednesday Delivery
Mini Pancakes, Juice, Milk
Breakfast Break
Breakfast Bread, Apple

22
Gogurt & Granola Bar
Cheese stick
Juice

23
WG Donuts
Apple

26
Breakfast Sandwich
Fruit

27
Cereal Bowl
Fruit
Milk

28
Wednesday Delivery
Mini Pancakes, Juice, Milk
Breakfast Break
Breakfast Bread, Apple

29
Breakfast Sandwich
Fruit

30
Cereal Bowl
Fruit
Milk

All Meals are served in school and meals are available for the days kids are learning at home or Remote learners. All meals are free of charge, Breakfast & Lunch until December 31, or when funding runs out. If you have any questions regarding school meals, please email the foodservice director at dicarak@link75.org

