



# MARCH 2020

## Mt Ararat Middle School

Lunch Price \$2.90  
Milk outside the meal \$.50  
Menu Subject to change without Notice

This Institution is an Equal Opportunity Employer

Monday	Tuesday	Wednesday	Thursday	Friday
<p><b>2</b></p> <p>Macaroni &amp; Cheese Bosco Sticks w/Dipping sauce Tomato Soup &amp; Grilled Cheese Peas &amp; Carrots Fresh Fruit &amp; Salad Bar</p>	<p><b>3</b></p> <p>French Toast &amp; Sausage Chicken Parmesan over Pasta Linda's Choice Sweet Potato French Fries Fresh Fruit &amp; Salad Bar</p>	<p><b>4</b></p> <p>Pazzo Bread w/dipping Sauce Beef Chili w/Cinnamon Rolls Macaroni Salad Fresh Fruit &amp; Salad Bar</p>	<p><b>5</b></p> <p>Mozzarella Sticks Baked Chicken w/Potato Baked Potato w/fixings Steamed Green Beans Fresh Fruit &amp; Salad Bar</p>	<p><b>6</b></p> <p>Chicken Patty Beef &amp; Gravy over Potato Lentil Soup w/Biscuit Broccoli w/Cheese National Oreo Day Fresh Fruit &amp; Salad Bar</p>
<p><b>9</b></p> <p>Quesadilla Fish N Chips Hot Ham &amp; Cheese Steamed Corn Fresh Fruit &amp; Salad Bar</p>	<p><b>10</b></p> <p>Hard Shell Tacos Taco Soup w/ Corn Muffin Beef Chimichanga Black Beans &amp; Rice Fresh Fruit &amp; Salad Bar</p>	<p><b>11</b></p> <p>Big Daddy Pizza Slices Linda's Choice Orange Smoothies Fresh Fruit &amp; Salad Bar</p>	<p><b>12</b></p> <p>Chicken Nuggets Spaghetti w/ Homemade Meatballs Chicken Noodle Soup w/Crackers Spinach Fresh Fruit &amp; Salad Bar</p>	<p><b>13</b></p> <p>Chef's Choice</p>
<p><b>16</b></p> <p>Popcorn Chicken Broccoli Bake Sloppy Joe Steamed Peas Fresh Fruit &amp; Salad Bar</p>	<p><b>17</b></p> <p>St Paddys Day Rueben Sandwiches Shepherd's Pie Irish Potato Soup Shamrock Jello Fresh Fruit &amp; Salad Bar</p>	<p><b>18</b></p> <p>Mams Pizza Day Grilled Chicken Sandwich Linda's Choice Spaghetti Salad Fresh Fruit &amp; Salad Bar</p>	<p><b>19</b></p> <p>Eagle Sampler Corndog, Cheesestick, Pretzel Bites Steak Subs Quiche w/Homefries Glazed Carrots Fresh Fruit &amp; Salad Bar</p>	<p><b>20</b></p> <p>American Chop Suey Maine Haddock Chowder Pretzel w/Cheese Sauce Roasted Broccoli Fresh Fruit &amp; Salad Bar</p>
<p><b>23</b></p> <p>Chicken Tenders Pasta w/Red Sauce Linda's Chicken Salad on Rye Butternut Squash Fresh Fruit &amp; Salad Bar</p>	<p><b>24</b></p> <p>Maine Bisson Burgers Lettuce, Tomato, Cheese &amp; Pickles Ranch Potato Wedges Rib B Que Sandwich Fresh Fruit &amp; Salad Bar</p>	<p><b>25</b></p> <p>French Bread Pizza Chicken Bacon Swiss Sub Fresh Veggies &amp; Hummus Fresh Fruit &amp; Salad Bar</p>	<p><b>26</b></p> <p>Cheese Lasagna Meatballs Subs Broccoli Alfredo Wg Breadstick Cucumber Salad Fresh Fruit &amp; Salad Bar</p>	<p><b>27</b></p> <p>Spicy Chicken Patty Sandwich Shrimp Poppers Linda's Choice March Birthday Brownies Fresh Fruit &amp; Salad Bar</p>
<p><b>30</b></p> <p>Corn Dogs Teriyaki Chicken Bites Veggie Lo Mein Fried Rice Fresh Fruit &amp; Salad Bar</p>	<p><b>31</b></p> <p>Hot Dogs BBQ Pulled Pork Sandwich Vegetarian Baked Beans Creamy Coleslaw Fresh Fruit &amp; Salad Bar</p>			

The first week in March is National Breakfast week! Check out our Breakfast each morning!  
March is Maine Protein Month for the Harvest of the Month. We will be featuring Bisson Farms Burgers On March 24!

