



MARCH 2020

MSAD 75 Elementary Schools

This Institution is an Equal Opportunity Employer

Lunch Price \$2.90
Milk outside the Meal \$.50
Menu Subject to Change without Notice

Monday

Dr Suess Day!
Hard Boiled Eggs
Ham
Greensauce
Goldfish
Roasted Broccoli
Fresh Fruit & Salad Bar

2

Tuesday

Quesadillas
Choice of Chicken or Cheese
Salsa & Sour Cream
Vegetarian Refried Beans
Fresh Fruit & Salad Bar

3

Wednesday

Chicken Sliders
OR
Tuna Salad
Roasted Butternut Squash
Emoji Fries
Fresh Fruit & Salad Bar

4

Thursday

Shepherd's Pie
OR
Turkey Sandwich/Cheese Sandwich
Corn
WG Roll
Fresh Fruit & Salad Bar

5

Friday

Assorted Big Daddy Pizza
Cheese, Meat or Veggie
Fun Chips
Applesauce
Fresh Fruit & Salad Bar

6

Monday

WG Spaghetti
Choice of Meat or Marinara Sauce
Garlic Breadstick
Broccoli
Fresh Fruit & Salad Bar

9

Tuesday

Taco Tuesday!
Beef or Bean Tacos
Lettuce, Tomato, Black Olives
Salsa & Sour cream
Mexican Rice
Fresh Fruit & Salad Bar

10

Wednesday

Breakfast Sandwich
Egg, Cheese & Sausage on a Biscuit
OR
Egg & Cheese on a Biscuit
Strawberry Cups
Potato Wedges
Fresh Fruit & Salad Bar

11

Thursday

Chef's Choice

12

Friday

Half Day of School
Bagged Lunch
Sandwich
Fruit
Milk
Chef's Choice

13

Monday

Corn Dogs
OR
Rib B Que Sandwich
Mashed Sweet Potato
Peas & Carrots
Fresh Fruit & Salad Bar

16

Tuesday

Grilled Cheese
OR
Grilled Ham & Cheese
Cabbage Slaw
Honey Glazed Carrots
Fresh Fruit & Salad Bar

17

Wednesday

Baked Chicken
OR
Egg Salad Sandwich
Rice Pilaf
Green Beans
WG Roll
Fresh Fruit & Salad Bar

18

Thursday

Chicken Pot Pie
OR
Turkey Sandwich/Cheese Sandwich
WG Biscuit
Diced Pears
Fresh Fruit & Salad Bar

19

Friday

Pizza Munchables
Shells, Sauce, Cheese & Peperoni
Fresh Grapes
Fresh Fruit & Salad Bar

20

Monday

Macaroni & Cheese
OR
Chicken Tenders
w/Dipping Sauce
Steamed Green Beans
Fresh Fruit & Salad Bar

23

Tuesday

Maine Protein Month, featuring Bisson's
Farm Beef
Hamburger Day!
Lettuce & Tomato
Baked Potato Wedges
Applesauce Cups
Fresh Fruit & Salad Bar

24

Wednesday

Breakfast For Lunch
French Toast Sticks
Sausage Patty
Hash Brown
Orange Wedges
Fresh Fruit & Salad Bar

25

Thursday

Hot Dogs on a Wg Roll
Vegetarian Baked Beans
Creamy Coleslaw
Fresh Fruit & Salad Bar

26

Friday

Pazzo Bread with Dipping Sauce
Roasted Broccoli
Strawberry Shortcake for March Birthdays
Fresh Fruit & Salad Bar

27

Monday

Veggie Lo Mein
Veggie Egg Roll
Fortune Cookie
Mandarin Oranges
Fresh Fruit & Salad Bar

30

Tuesday

Nachos
Beef, Bean or Cheese
Shredded Lettuce & Tomato
Salsa and Sour Cream
Black Olives
Fresh Fruit & Salad Bar

31

Look for March Promotions,
Harvest of the Month is Maine Proteins & National School Breakfast Week!

